



Coddington

— C of E —

Primary and Nursery
School

Allergy policy

Created on	February 2026
Approved on /by	24.03.2026 Local Governing Body
Review on	Every 2 years or when guidance changes
Signed by Chair of Governos	

Purpose

This policy aims to protect pupils with medically diagnosed food allergies and minimise the risk of allergic reactions within the school environment. It supports the school's duty of care and commitment to inclusion, safety, and wellbeing.

1. Identification and Medical Documentation

- Parents/carers must notify the school of any food allergies on admission or immediately after diagnosis.
- Medical confirmation from a GP or consultant allergist must be provided.
- An Individual Care Plan (ICP) will be developed in collaboration with the parents/carers, and when required healthcare professionals.
- Parents should inform the school if any changes to the ICP are required.

2. Staff Training and Awareness

- Staff will receive annual training in:
 - Recognising signs of allergic reactions and anaphylaxis
 - Administering emergency medication (e.g., adrenaline auto-injectors like EpiPen or Jext)
 - Emergency response protocols
- Key staff (e.g. first aiders, lunch staff, trip leaders) will receive enhanced training where appropriate).

3. Allergen-Aware Practices

- Allergen-aware rather than strictly “nut-free” or “allergen-free” policies will be followed, reflecting national guidance.
- Pupils will be discouraged from sharing food.
- Information about pupils with severe allergies will be shared sensitively with relevant staff.

4. School Meals and Catering

- The catering provider will:
 - Follow Food Standards Agency (FSA) guidance on allergens
 - Provide allergen information for all menu items
 - Take steps to avoid cross-contamination
- Packed lunches brought from home should avoid high-risk allergens if requested by the school (e.g. due to severe nut allergies in a class).
- Be aware of all children with food allergies within the school.

5. Medication and Emergency Response

- ‘Recognise the signs of anaphylaxis’ posters are in key areas
- Emergency medication (e.g. adrenaline auto-injectors) will be:
 - Kept in an accessible but secure location
 - Labelled clearly with the pupil’s name
 - Checked regularly for expiry dates
- A spare “emergency AAI” is held by the school under UK government guidelines (and can be used with parental consent).

- In the event of an allergic reaction:
 - Administer the AAI immediately
 - Call 999 and inform them an anaphylactic reaction is occurring
 - Inform parents/carers
 - Follow the care plan and school's emergency procedures

6. School Activities and Trips

- Allergy risks will be assessed as part of risk assessments for trips, events, and extracurricular activities.
- Emergency medication must accompany the pupil.
- Staff leading trips will be briefed on the pupil's ICP and emergency procedures.
- Parents may be invited to attend if appropriate for younger pupils or high-risk situations.

7. Inclusion, Education and Anti-Bullying

- Pupils with food allergies will be included in all aspects of school life, with reasonable adjustments made.
- The school will promote awareness and understanding of allergies through PSHE and health education.
- Any bullying related to allergies will be treated seriously and addressed in line with the school's anti-bullying policy.

8. Policy Review

- This policy will be reviewed annually or following any significant incident or change in guidance.
- Care plans will be reviewed at least once a year or after an allergic incident.